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Foston and Thornton Le Clay 10K 2008 Race Report

What a day!!! A huge thanks and a well done to everyone especially all that sponsored, printed, delivered, took part, marshalled, encouraged, made cakes, served tea, put up and took down equipment, supplied equipment, took photos and prayed for a fine day! I think we got one in the end.

Finance

Business Sponsorship £900.00

Race Entry Fees £1241.00

PAfS refreshment sales £200

Race Statistics

Total 144 competitors:

101 Men

43 Women

Winning time:

33:28 and first man

Winning ladies time: 39:40

17 Local entries:

13 Men

5 Women

Winning local mans time:

39:03

Winning local ladies time: 47:12

40 helpers from the village and surrounding area

Full results available online at www.ukresults.net or www.easingwoldrunningclub.org.uk and <http://nyptri.pbwiki.com/FOSTON+AND+THORNTON+LE+CLAY+10K>

The main aim was to support the village hall and raise some funds to keep the building maintained to continue to enable other community activities to benefit from its being. Secondly to provide a family focused occasion where the whole community could get involved at whatever level they liked. The first Foston and Thornton Le Clay 10K was a huge success on all counts.

The original idea was that a running race could generate some significant funds for a good cause in the village. Rather than a simple 'fun run' we had the course officially measured by UK Athletics as a 10 kilometres/ 6.21 mile route as this was more likely to attract most interest.

Official race costs and prizes were paid for by sponsorship raised from local businesses. The Sydney Smith Association supported a specific set of local trophies for competitors living within a 5 mile radius of Thornton-Le-Clay. We provided a reusable shopping bag printed with the race logo and filled with goodies as a race memento for all competitors to keep and remind them of the day. We hope we projected the correct image in providing this eco-friendly gift.

Race day was excellent and all participants commented on how good it was. The race marshals did fabulous job of supporting the runners on their journey. The finish set up seemed to work well and there were some fantastic finish times, and personal bests.

Prize giving was well supported, with many people remaining behind to collect prizes and congratulate winners accordingly. The atmosphere was superb.

What next, we don't anticipate it growing to the size of the Great North Run, as one competitor wrote in an e-mail congratulating us on the event...

"Thanks once again for the race which was very well organised, a good course, good parking, p.a. system, all the trimmings in fact of many long established events. I am just trying to visualise the future with 50,000 participants running through that farmyard!"

Colin Utterson, Winner M60 Category

Not sure what Richard Watson from Blue Coat Farm would think about that, but I think he's safe for now. We hope to organise the same event next year with your support and hopefully grow the numbers a little to generate more funds for the Village. The addition of a shorter 6 km race could be good and a 1 km dash for the younger members of the village to show their fitness as the next generation of athletes. It will certainly be a yearly fixture unless we have any significant objections.

Congratulations to all again.

Race Feedback:

I'm the son of John and the prize-winning Wendy Holman, and came over for the 10k run at the weekend - to do it myself and to lend mum some support! I meant to thank you and Richard on the day for a really great event but was lured by the pub before I could do so. It was a terrific morning and all seemed to be flawlessly organised, as well as great fun. I know how much hard work it takes to put together things like this, so thank you both! If you can face doing it again I should think it'll become a very popular annual occasion and I'll certainly be back!

Best wishes
Tom Holman

I would like to congratulate you on arranging the first White Swan 10k race on Saturday.
I thoroughly enjoyed the run, although it was a little cold and windy, it was a successful race.
It was a well organised event and my family really enjoyed the entertainment also.
Vicky Whitelock

Just wanted to thank everyone involved in the race yesterday it was very well organised and enjoyable.
I was also hoping you could put me out of my misery and let me know my finishing time as I was a bit worse for wear when I crossed the line.
Many Thanks
Mark Hill

Hi, Many thanks for a superb event. Please pass thanks to marshals and the tea team as well. Nice to see a small community working so hard together. Hard to see anything you should change for next year. Hope you are out for dinner tonight!
Tony Williams

Thanks for a very successful event. I particularly liked the figure of eight course and the bag, much more useful to me than another tee shirt. I hope you manage to hold it again to give me a chance to run a bit faster.
Best wishes.
Paul Jacobs

Well done again, it all seemed to go very well and I'm sure it could be a full entry next year.
Imagine you will be collapsing or getting drunk (or both!) after your efforts, but send me the results as soon as you like and I'll get them on the site. Photos at some stage would be good.
Regards
Ken Dart

I did the run on Saturday from Thornton-Le-Clay and I just wanted to say a really big thanks to all who organized it, and the super-friendly marshals who lined the route, smiling and encouraging us all, despite the cold. I tried to say thanks to most of them as I was going, but ran out of breath at some points.....
I have only done "big ugly" 10k races before, with thousands of people, but Saturday was so much more fun. It was a great course as well - I really liked the figure of 8 thing that was going on. The whole event has fired me with enthusiasm to do more club running and smaller runs in general, so thank you!
See you next year!
Liz Gray